

Maharashtra University of Health Sciences, Nashik

Physiotherapy Faculty

Inspection Committee Report for Academic Year 2026 – 2027

Attendance Details/ Research Details/ Welfare Scheme Details

Name of College/Institute- Housabai College of Physiotherapy (162127)

1.	Attendance	Biometric Attendance Attached
	Teaching Staff	
	Non-teaching staff	
	Hospital Staff	
	UG & PG Students	
2.	Project	
	Research Articles/Publications	20 Publications
	Research Award (Student/Teacher)	
3.	Utilization of Student Welfare Schemes :-	
	Earn and Learn Scheme	NA
	Dhanwantri Vidyadhan Scheme	NA
	Sanjivani Student Safety Scheme	NA
	Student Safety Scheme	NA
	Book Bank Scheme	NA
	Savitribai Phule Vidyadhan Scheme	NA
	Bahishal Shikshan Mandal Scheme	NA
4.	Sport participants/Other Activities:	
	i) Information of Student(s) who participated University level & State level Avishkar Competition.	Nil
	ii) Information of Student(s) who participated in Regional Sport Competition & State level Sports Competition	Nil
	iii) Information of Student(s) who participated in Cultural Activities.	41 participated
	iv) Does the college have NSS Unit?	Yes
5.	Whether "Swaccha Bharat Abhiyan" implemented in college	Yes

Verified by the LIC Committee Members

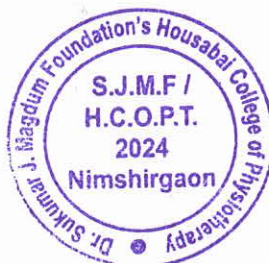
Principal Stamp & Signature

PrincipalHousabai College of Physiotherapy
Nimshirgaon.

Researches Projects

Faculties Projects / Publications Since January 2025

Sr. No	Title of Paper	Name of Author	Name of Department	Status	Year
1.	Comparison of Time-Based vs Function-Based Rehabilitation After Sports Injuries	Dr. Venkatesh K.	Department of Electrotherapy	Ongoing	2026
2.	Effectiveness of Neuromuscular Training Programs in Preventing ACL Injuries in Athletes	Dr. Venkatesh K.	Department of Electrotherapy	Ongoing	2026
3.	Effectiveness of Accelerated Rehabilitation Programs in Professional Athletes	Dr. Venkatesh K.	Department of Electrotherapy	Ongoing	2026
4.	Effectiveness of Dry-Land Strength Training Versus Aquatic Exercises in Preventing Shoulder Injuries in Swimmers	Dr. Shraddha Shelar	Department of Kinesiotherapy	Ongoing	2026
5.	The Effect of Gaze Stabilization Exercises on Reading Fluency and Visual Attention in School -Aged Children with Developmental Coordination Disorder	Dr. Swejal Gajbhiye	Department of Kinesiotherapy	Ongoing	2026
6.	Effect of strengthening exercises versus stretching exercises on musculoskeletal pain and functional ability in rural women	Dr. Venu Dhumal	Department of Electrotherapy	Ongoing	2026
7.	Comparative Effectiveness of Bobath vs Task-Oriented Approach in Chronic Stroke Rehabilitation	Dr. Suresh Kumar	Department of Kinesiotherapy	Ongoing	2026
8.	Impact of Neuro-Physiotherapy on Functional Independence After Brain Injury	Dr. Archana Sapte	Department of Electrotherapy	Ongoing	2026
9.	Structured Physiotherapy Interventions for Osteoarthritis Of Knee: A Narrative Review	Dr. Manasi Nigave	Department of Electrotherapy	Ongoing	2026
10.	Immediate Effect of Dynamic Soft Tissue Mobilization in Shin Splint	Dr. Gauri Landge	Department of Kinesiotherapy	Ongoing	2026
11.	The Effects of Mirror Therapy on Motor Recovery in Post-Stroke Hemiparetic Patients: A Randomized Controlled Trial	Dr. Venkatesh K.	Department of Electrotherapy	Published	2025
12.	Comparison of Ultrasound Therapy & Transcutaneous Electrical Nerve Stimulation in the Treatment of Upper Trapezitis.	Dr. Venkatesh K.	Department of Electrotherapy	Published	2025



13.	Predictive Validity of Functional Performance Tests and Psychological Factors in Return-to Sport Decisions Following Hamstring Injuries and ACL Reconstruction	Dr. Venkatesh K.	Department of Electrotherapy	Published	2025
14.	Effect of Different Materials On Foam Pads Used in Modified Clinical Test of Sensory Interaction on Balance (MCTSIB) for Balance in Individuals with Vestibular Dysfunction.	Dr. Swejal Gajbhiye	Department of Kinesiotherapy	Published	2025
15.	Comparison of the Effectiveness of Mill's Manipulation and Maitland Mobilization in Patients with Tennis Elbow: A Randomized Controlled Trial	Dr. Swejal Gajbhiye	Department of Kinesiotherapy	Published	2025
16.	Effect of Core Stability Combined With Vertical and Horizontal Plyometric Training on Strength, Balance and Agility in Basketball Players	Dr. Shraddha Shelar	Department of Kinesiotherapy	Published	2025
17.	Comparative Study Of Proprioceptive Neuromuscular Facilitation Stretching And Passive Stretching As An Adjunct To Manual Traction In Osteoarthritis Knee.	Dr. Manasi Nigave	Department of Electrotherapy	Published	2025
18.	Comparison of dynamic soft tissue mobilization and myofascial release for neck pain	Dr. Gauri Landge	Department of Kinesiotherapy	Published	2025
19.	Comparative study of immediate effect of Gwasha therapy versus dry cupping therapy on breast engorgement in postnatal woman	Dr. Venu Dhumal	Department of Electrotherapy	Published	2025
20.	Effect of myofascial roller with muscle energy technique on pain, range of motion in desk, job workers with mechanical neck pain	Dr. Venu Dhumal	Department of Electrotherapy	Published	2025



[Signature]
Principal
Housabai College of Physiotherapy
Nimshirgaon.